

Refuse To Be A Victim.®

(Anthony Wilson is an NRA Certified Refuse To Be A Victim Instructor.)

This seminar was developed by the women of the NRA in 1993 in response to women nationwide who requested crime prevention and personal safety information. In 1997, it became co-ed due to increasing male interest. This seminar teaches easy to use methods you can use to increase personal awareness and prevent criminal confrontation. The only pre-requisite is an interest in crime prevention and personal safety. Some of the topics for this seminar are listed below:

- ❖ Psychology of Criminal Predators
- ❖ Mental Preparedness
- ❖ Home Security
- ❖ Physical Security
- ❖ Automobile Security
- ❖ Out of Town Travel Security
- ❖ Technological Security
- ❖ Self-Defense/Physical Training
- ❖ Personal Protection Devices

There are four special modules which can be covered by request:

- ❖ In the Workplace
- ❖ Parents and Children
- ❖ Senior Citizens and Persons with Disabilities
- ❖ Firearm Supplement

Course Length: 4½ hours (classroom)

Course Cost: \$40/person or household family (family members share 1 packet)

Maximum Class Size: 100 participants



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